



Women, Wisdom and Dreams

A one-day women's retreat with author Anne Scott and special guest Judith Duerk

Saturday, September 19th, 10:00am - 4:30pm

933 S. Talbot Street. St. Michaels 410-310-1317 • stmichaelsstudio.com



Join us for this very special one-day retreat with Anne Scott and guest participant Judith Duerk, the well-known author of *Circle of Stones*. They have spent the better part of their lives exploring the feminine soul and will guide us in exploring dreams and how they relate to our own life's journey.

Anne Scott, founder of **DreamWeather foundation**, leads workshops and retreats for women around the country. The focus of her work is restoring the link between feminine wisdom and social change, and on the healing nature of dreams. Anne was a speaker at the United Nations Peace Initiative in Geneva, Switzerland, and was a presenter at a global conference in Jaipur, India: *Making way for the Feminine for the Benefit of the World Community*, in 2008. She has trained in dreamwork in the Naqshbandi Sufi tradition for 19 years. Anne is the author of *Serving Fire*,

The Laughing Baby and *Women, Wisdom and Dreams*. You can reach Anne at DreamWeather Foundation, PO Box 2002, Sebastopol, CA 95473 www.dreamweather.org

Anne will be doing a special book signing of *Women, Wisdom and Dreams*
Fri, Sept.18, 12-3pm at the Harrison Street Bookshop in Easton.
Meet Anne and get a signed copy for yourself or a friend.

What our retreat will look like

In the morning Anne will present her ideas and experiences working with women's retreats and dreamwork. Anne's training in Sufi Path dreamwork recognizes that dreams have always been valued as a way to listen to the soul. She offers a particular way of listening to one's dreams and working with them that opens up a sacred communication between your deeper self and your conscious mind. There will also be time to share dreams and for silent meditation.

In the afternoon, Judith will weave her deep understanding of the feminine into the retreat to help us cultivate the qualities we need to listen and to speak from a deeper place. This will be followed by more opportunity to share our dreams so that we can better understand their meaning in our lives.

Whether you bring a dream or not we will all learn to work with our dreams. Anne's understanding of dreamwork can bring a sense of peace and a picture of the greater good. We will have a lunch break, as well as several breaks for tea. Fee is \$75. Please pre-register with Paulette Florio at 410-924-2443

Judith Duerk has been a therapist in private practice and has lead groups of women in treat here and abroad for many years. Her book, *Circle of Stones* and *I Sit Listening to the Wind* have been well love and found helpful by thousands of women. In addition to her daily work as a therapist, she has taught t'ai chi for 30 years and continues her practice of music.

